### Recreation

...God's way













# RECREATION is



"Six days do your work, but on the seventh day do not work, so that your ox and donkey may rest and the slave born in your household, and the alien as well, may be refreshed."



-EX 23: 12

When Jesus saw the crowd around him, he gave orders to cross to the other side of the lake.

-MT 8:18



### THE PLAIN DEALER

BREAKING NEWS: CLEVELAND.COM

50¢ Home Delivery | 75¢ Newsstand

THURSDAY, JANUARY 8, 2009

#### SPORTS **Cavaliers trounce Bobcats**, 111-81

LeBron James scores 21 points to lead the Cavs. sporting new colorful uniforms, over the Charlotte Bobcats and sets up a big matchup with the Boston Celtics at home on Friday.

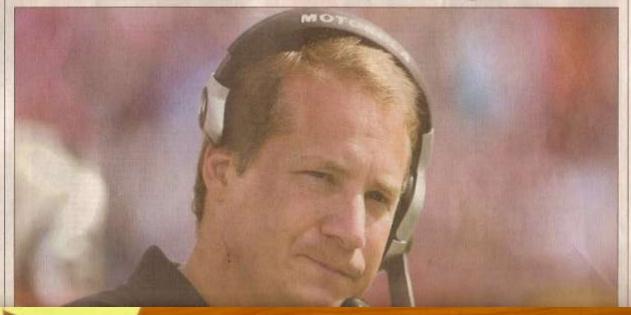
Details, D1

METRO

#### **Another ballpark** for baseball fans

Avon's new minor league park will open in 148 days, and joins a long list.

# Browns get their forecast to exceed the stimulus plan me



## to exceed \$1 trillion

Stimulus plan may be a tougher sell

STEVEN THOMMA McClatchy Newspapers

WASHINGTON - The forecast Wednesday of a jaw-dropping \$1,2 trillion one-year federal budget deficit will make it harder for President-elect Barack Obama to win broad support for a massive stimulus package that would add even more to the red

With his party controlling both the House of Representatives and the Senate, Obama is likely to get the OK for spending and tax cuts that cost \$1 trillion or more over two years and are designed to jump-start the economy and create or save 3 million jobs.

However, while many economists, business groups and politicians agree on the need for

# RECREATION must be managed



# A Biblical approach to RECREATION



#### Recreation must be...

# Beneficial



"Everything is permissible for me"—but not everything is beneficial.

-I COR 6: 12





Be happy, young man, while you are young, and let your heart give you joy in the days of your youth.

-ECCL 11: 9



{ A DOCTOR'S PLAN TO HELP OUR SONS FULFILL THEIR POTENTIAL}

# boys adrift

The FIVE FACTORS DRIVING the

GROWING EPIDEMIC of UNMOTIVATED BOYS

and UNDERACHIEVING YOUNG MEN

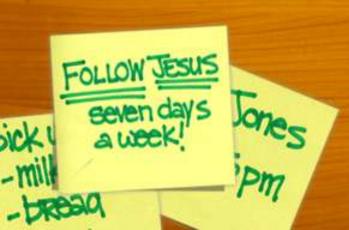
Leonard Sax, M.D., Ph.D.

Author of Why Gender Matters



Follow the ways of your heart and whatever your eyes see, but know for all these things God will bring you to judgment.

-ECCL 11: 9

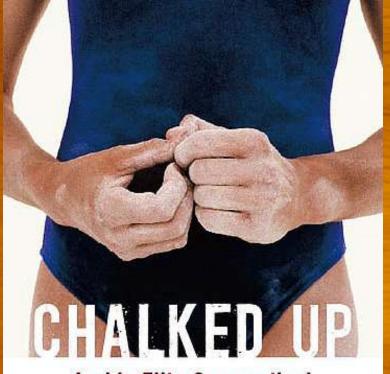






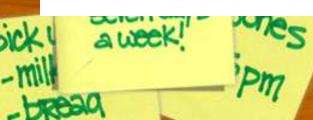
FOLLOW JESUS
seven days
a week!

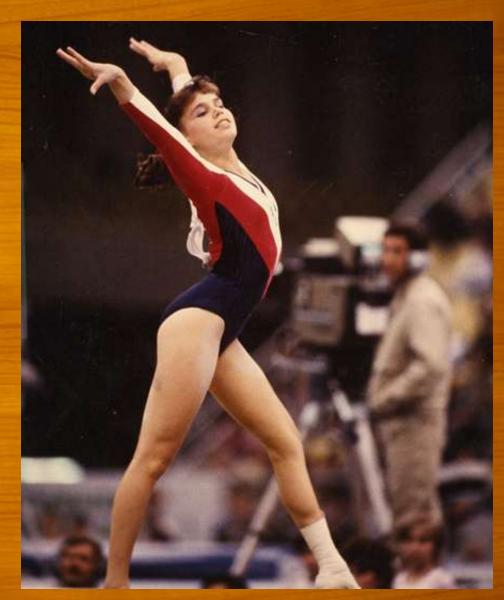
ones Pm



Inside Elite Gymnastics'
Merciless Coaching, Overzealous
Parents, Eating Disorders, and
Elusive Olympic Dreams

JENNIFER SEY





#### Recreation must be...

## Constructive



"Everything is permissible for me"—but not everything is constructive. Nobody should seek his own good, but the good of others.



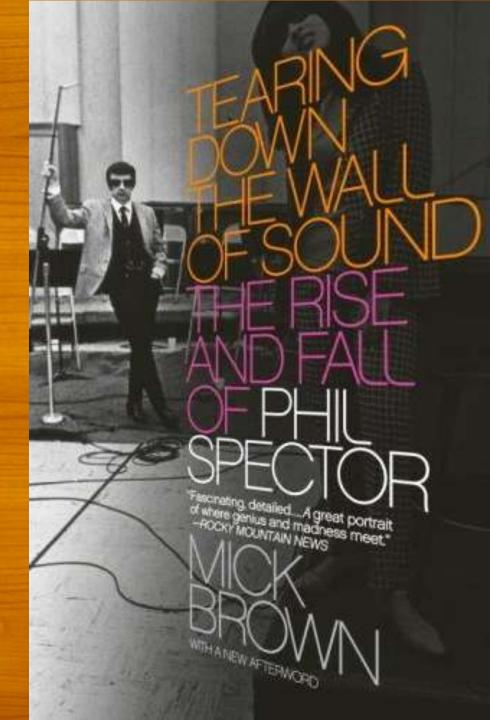
-I COR 10: 23-24



FOLLOW JESUS seven days a week!

-bread

Jones Pm









facebook

Profile edit Friends v

Networks v Inbox v

home account privacy logout

A Profile +

Search + find friends

Applications

Photos

# Groups

FVents

Marketplace

Trips

T more

Caroline

Networks:

Harvard 11 New York, NY Female

Trinity School '07

Interested In:

Men Relationship Status: Single Friendship Looking For:

Random play

Liberal

Birthday:

Political Views:

Whatever I can get

▼ Mini-Feed

Displaying 10 stories.

See All

Today

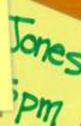
At Caroline left the group Barack Obama (One Million Strong for Barack).

August 2

251 Caroline and

are now friends, 1/51pm



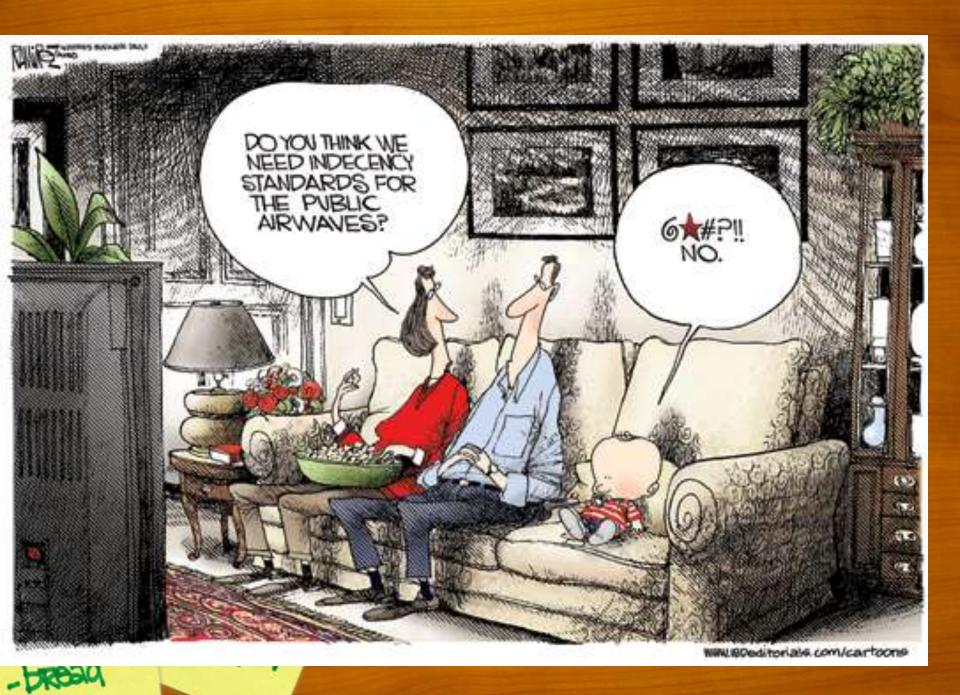


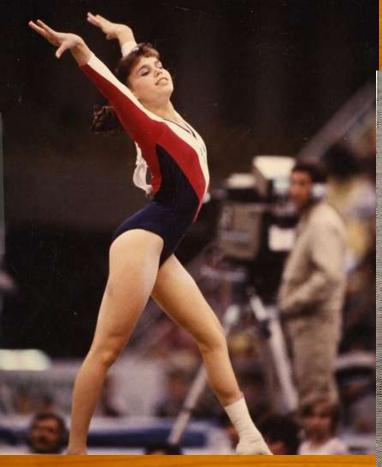
View Photos of Caroline (207)

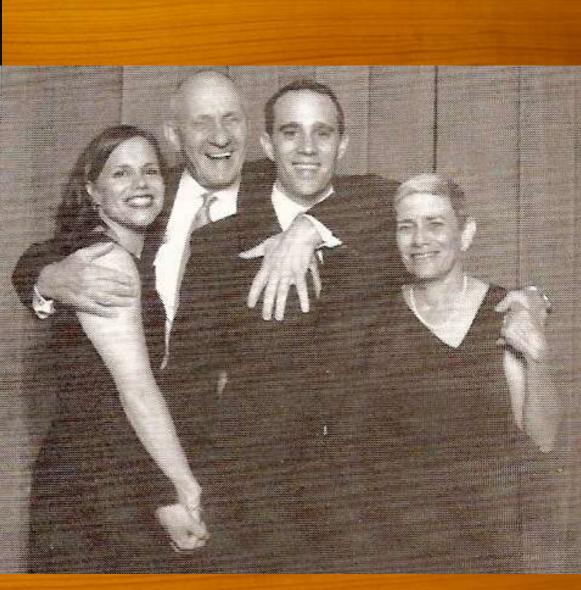
Send Caroline a Message

Police Her!

Add Caroline as a Friend







FOLLOW JESUS
seven days
a week!
-mill
-bread

Jones Pm

#### Recreation must be...

# Disposable



"Everything is permissible for me"—but I will not be mastered by anything.

-I COR 6: 12







beautiful

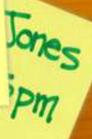
boy



A father's journey through his son's meth addiction

DAVID SHEFF







- bread



#### Recreation must be...

### Consecrated



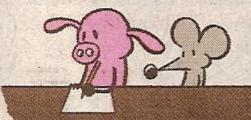
For Christ's love compels us, because we are convinced that one died for all, and therefore all died. And he died for all, that those who live should no longer live for themselves but for him who died for them and rose again.

-2 COR 5: 14-15

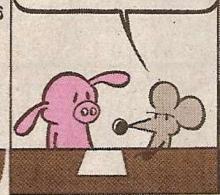
#### Pearls Before Swine | Stephan Pastis



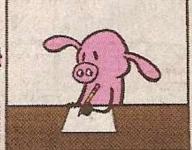
Cool off with fabulous vacation at seaside resort in Cancun. Body surf in Caribbean. Snorkel off Cozumel reef. Drink maitais by hotel pool.



DUDE, THOSE VACATIONS COST LIKE FIVE GRAND. YOU MIGHT WANT TO BE A LITTLE MORE REALISTIC.



Sit in backyard and hope sprinkler hits me.







-6





- Can I do everything in this activity in good conscience?
- Is this helpful for me?
- Is my participation in this activity building up my family? my other associates?
- Can I walk away from this any time without stress?
- Is this good management of the Lord's money?
- Is this use of my time going to enhance my service for him?



I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices...

-ROM 12: 1



So whether you eat or drink or whatever you do, do it all for the glory of God.

-I COR 10: 31

